

Handicap 5KM

NICSAC Predicted Time 5km Handicap Results 28 September 2021

Name	Gen	Actual Time	Predicted Time	Time Difference
Mags Mathieson	F	00:31:25	00:32:15	- 00:00:50
Janice McCartney	F	00:36:56	00:36:00	+ 00:00:56
Samantha Anderson	F	00:33:01	00:32:05	+ 00:00:56
Heidi Rodgers	F	00:30:27	00:29:30	+ 00:00:57
Clare Walsh	F	00:27:47	00:29:00	- 00:01:13
 Philip Carson	 M	 00:19:16	 00:19:20	 - 00:00:04
Stephen Lemon	M	00:25:10	00:24:48	+ 00:00:22
Ivan Baxter	M	00:36:56	00:36:00	+ 00:00:56
Arthur Watson	M	00:26:39	00:28:05	- 00:01:26
John Callaghan	M	00:29:12	00:27:00	+ 00:02:12
Joe Quinn	M	01:27:01	01:32:30	- 00:05:29